

February

Trans & Rainbow Wellness Events

**FRI
2/14**

6 PM
TO
9 PM

Valentine's Day Movie Night, Project Weber/Renew, 640 Broad St. Providence

Come eat heart-shaped candy with us while we watch (movie TBD). Dinner provided!

 Audience: LGBTQ people and friends

**MON
2/3
2/17**

6 PM
TO
7 PM

Trans and LGBTQ Fitness, HEZ Hub, 1229 Main St., West Warwick

Join us for an hour of movement in a supportive, and friendly environment. All body types, sizes and fitness levels are welcome. This is a size inclusive/weight-neutral class. Classes instructed by Alien Athletes.

Please note time change.

 Audience: LGBTQ people and friends

**MON
2/10**

7 PM
TO
9 PM

The Time is Already: A free film screening and LGBTQ+ legislative advocacy training, Acoustic Java, 204 South Main St., Providence

Join us for a screening of The Time is Already, directed by Selene Means, a Providence-based QTPOC film maker. Following the screening, local advocates will conduct a short training on legislative advocacy skills.

Audience: Open to all

**WED
2/12
2/26**

6:30 PM
TO
7:30 PM

Trans Yoga, Health Equity Zone Hub, 1229 Main Street, West Warwick

Join us for an hour of movement in a safe, supportive, and friendly environment. All levels are welcome.

 Audience: Trans people and friends

**THURS
2/13**

6 PM
TO
8:30 PM

Woonsocket LGBTQ Game Night, Thundermist of Woonsocket, 450 Clinton St., Woonsocket, Community Room

Join us for Woonsocket game night! Feel free to bring your own favorites to play. Dinner provided!


 Audience: LGBTQ people and friends

**SUN
2/23**

4 PM
TO
6 PM

Trans Swim Night, McDermott Pool, 975 Sandy Lane, Warwick

Splash into family fun with Swim Night. Lap lanes and free swimming areas available. Lifeguards on duty. Youth ages 15 and under MUST be accompanied by a parent or guardian.

 Audience: Trans people and friends

**TUES
2/25**

6:30 PM
TO
9 PM

Providence Trans Game Night, Brooklyn Coffee and Tea Guest House, 209 Douglas Ave, Providence

Join us for a night of board and card games, refreshments, and fun! Feel free to bring a game. Refreshments provided.

 Audience: Trans people and friends

ALL TRANS AND RAINBOW WELLNESS EVENTS ARE FREE

Accessibility information: mobility accessible, free parking, on a bus line, gender inclusive restrooms, unless otherwise noted

Have questions or need a ride?
Call Mina at (727) 422-6291.

Thundermist!
HEALTH CENTER